‘Key Sheet’ – Humans: Survival and Exercise/ Our Body Cycle A

Year Group: 1 and 2

Key Content	Key Skills
• Find out about and describe the basic needs of animals, including humans, for survival (water, food and air) • Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene. • Notice that humans, have offspring which grow into adults. • **Use senses to carry out experiments.**	• Notice that animals, including humans, have offspring which grow into adults. • Find out about and describe the basic needs of animals, including humans, for survival (water, food and air). • Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.
Key Questions	**Key Vocabulary**
• What do we need to do to stay healthy? • Are baby animals the same as humans? • What do animals need to stay alive? • What food do I need to eat to stay healthy? • Can I use my senses to investigate?	• **baby, toddler, child, teenager, adult.** • **Survival** • Germs • Healthy ,**unhealthy** • **Exercise** • **senses- hearing, sight, taste, smell, touch, feel**